

Welcome to Girlguiding Essex North East

Here in Girlguiding Essex North East we know just how lucky we are to have some of the best and most enthusiastic volunteers possible. We provide a superb support network with the intention of helping everyone develop existing skills, learn new skills, and gain qualifications.



**Sue Sutton,
county commissioner**

Our county team, along with our commissioners and trainers, are here to help give our girls and volunteers the best opportunities for personal and team development, but most importantly of all -

to have fun!



**We help all girls know
they can do anything**

Getting to know

Girlguiding Essex North East

We're lucky in Girlguiding Essex North East that our leaders have a great support network. This is offered through their division and district commissioners, section advisers, training opportunities and membership support.

Essex North East is one of the 12 Girlguiding counties that make up Anglia region. The county office is based in Inworth, just off the A12.

The region office is based in Coltishall, Norfolk.

County team

County commissioner

Sue Sutton,

countycommissioner@girlguidingessexne.org.uk

County office

office@girlguidingessexne.org.uk

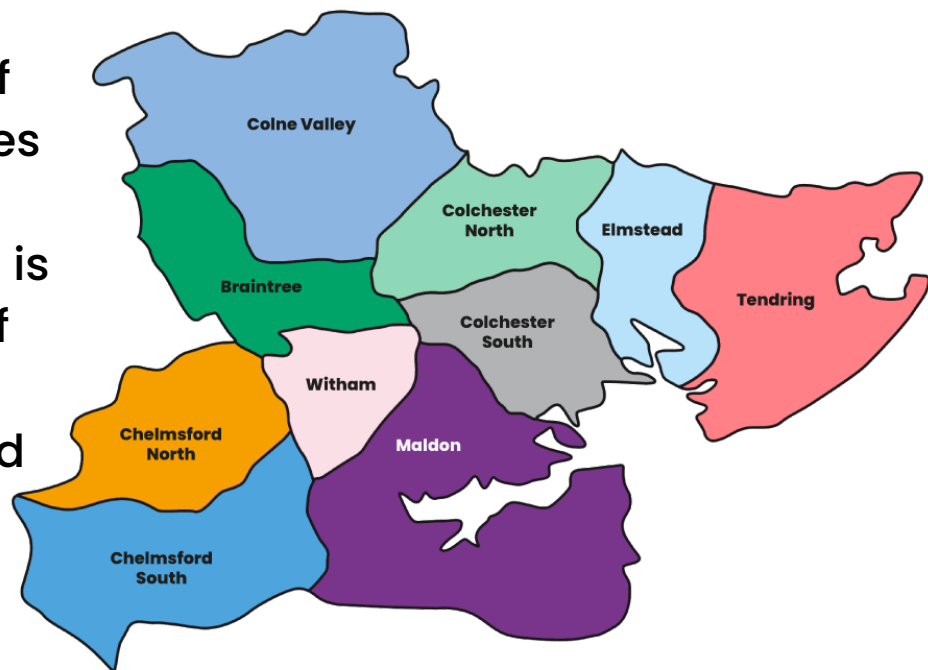
Learning and Development

gd@girlguidingessexne.org.uk

Leader in training Coordinator

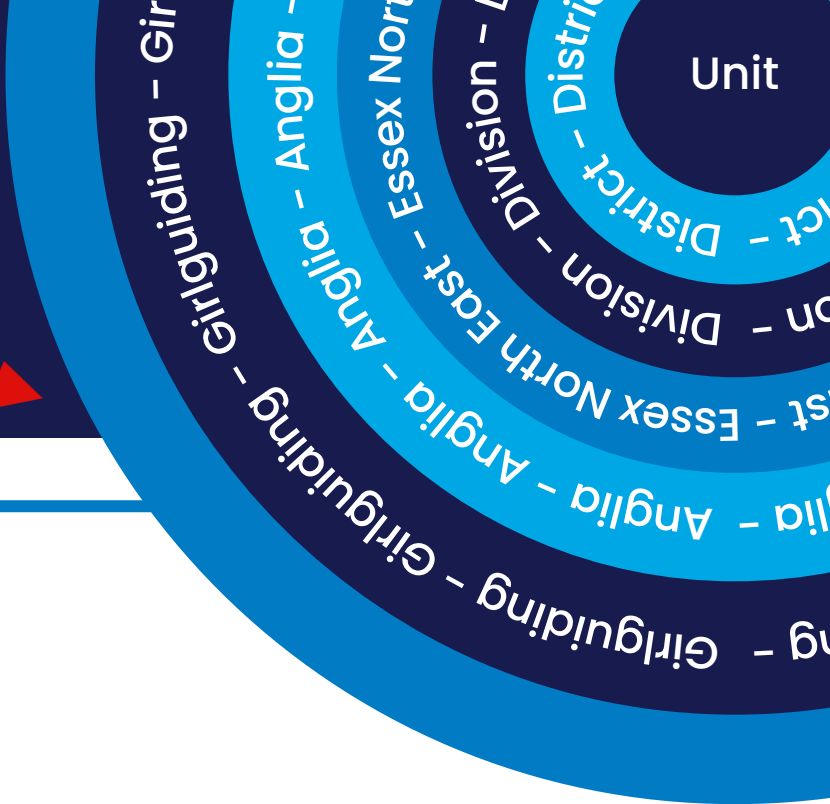
litco@girlguidingessexne.org.uk

You can keep up to date with information on events in your county by visiting girlguidingessexne.org.uk and in the region by visiting girlguiding-anglia.org.uk



Key information

If you're joining a unit, here's what you need to know.



My unit

When and where

Contacts



So what could you turn your hand to?

There are so many ways you can get involved with guiding. You might want to have adventures with girls. You might want to support other volunteers. You might want to go to weekly meetings, or you might want to just help out when you can.

Whatever you're looking for, we've got a role for you.

Leader in training

Leaders enjoy all kinds of adventures with girls, and you'll get lots of support while you train.

Young leader (if you're aged 14 to 18)

A chance to develop your leadership skills, which always looks good on applications for jobs or higher education.

Unit helper

Use your skills to support a unit working with girls, either on a regular basis or when you are available.

District/division administrator

Be a vital part of the local team, helping with anything from running events to updating GO, our membership database.

Unit administrator

Help to keep essential admin on track, shop for activities, balance the books, or get involved in fundraising initiatives opening up more opportunities for girls.

What else can you do?

Do you have specific skills and experience that you'd like to share with girls, or use to help other volunteers? Book keeper? You could run accounts for your local units. PR pro? You could help get Girlguiding in the news. Juggler, programmer, or Rubik's cube whiz? You could run a workshop for girls. Speak to your commissioner and get involved.

Support Network

Helping you settle in.

My main contact is:

Who will support me?

The district commissioner or leader in charge of your unit will typically be your first point of contact, and they are there to answer any questions you have too. If you're volunteering with a unit then the girls and other volunteers will welcome and support you as well as other volunteers in the district and division who you will meet if you attend wider guiding events.

If you are doing your leader development programme (LDP) then you will be assigned a mentor to support you through this. There are also lots of ways to find support online - from visiting our websites to joining Facebook groups.

Who else can help?

We have county advisers who are experts in their chosen field and are happy to help. In addition to the contacts on page 2 these advisers are also available:

Outdoor (activities and residentials)

ooa@girlguidingessexne.org.uk

International (trips overseas)

international@girlguidingessexne.org.uk

Media (promotion and news)

pr@girlguidingessexne.org.uk

Induction checklist

Use this page to check you have everything you need to get stuck in!

Name:

Date:

- I've attended a 1-2-1 meeting/welcome event/received a phone call
- I've been introduced to the opportunities available and chosen the most suitable role
- I've seen the Welcome to Girlguiding video (search 'Welcome to Girlguiding' on YouTube)
- I've completed my disclosure check (if required)
- I've submitted details of 2 referees
- I know who to contact if I have a problem
- I've been introduced to local volunteers in my unit/area
- I've been made aware of important dates, meetings, training, and learning and development opportunities available to me
- I've spoken to my team and I've been shown websites, social media pages and online groups that I may find useful, including girlguiding.org.uk/making-guiding-happen
- I know where to find guiding resources
- I understand where I fit in the structure of guiding
- My contact details, emergency contact details and the best way to contact me are up to date on GO
- I've visited a unit*
- I've been shown how to access the Girlguiding learning platform
- I've been shown how to submit an expenses claim
- I've talked to my commissioner about what I need to wear
- I've completed a safe space training levels 1 and 2
- I've been given a tour of the building my unit uses*

*if you're volunteering in a unit



Girlguiding
Essex North East
county

girlguidingessexne.org.uk

 GirlguidingEastNorthEastCounty

 @GirlguidingENE

 @GirlguidingENE

 Girlguiding Essex North East

County office

Unit 7, Park Farm

Kelvedon Road,

Inworth, Colchester

CO5 9SH

01376 570464

Region office

Girlguiding Anglia

7 Great Hautbois Road

Coltishall

Norwich

NR12 7JN

girlguiding-anglia.org.uk

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