



County Commissioner's Good Turn 2025

This will be the 4th year that I have challenged Essex North East units to help their own communities. This might be contributing to a food bank, litter picking or even marshalling at a community event. Your unit might send Christmas cards to the lonely or elderly, adopt a small piece of land or help clean a community space.

We have shown that even the smallest of individual contributions, be it time or giving, collectively makes a difference.

Our members and volunteers are great at coming up with ideas and you know how to best help the areas in which you live – we look forward to seeing your pictures of your units engaging in your community.

If you do wish to contribute to a food bank here is a list of items that all food banks are in need of. Please don't put in fresh or chilled items. All items should have a reasonable best before date to allow for distribution.

Tinned ham, corned beef, tinned salmon, boxes of sweets, boxes of savoury biscuits, boxes of shortbread, mince pies, selection boxes, ready-made custard, festive biscuits, Yule logs, snacks, crisps, pickles, chocolate spread, hot chocolate, Christmas puddings, period products, washing up liquid and toiletries.

Please try and get any Christmas themed donations to your local food bank or the county office by 1st December.

You will need to register your gift/act of service in order to receive your free badge:
please email office@girlguidingsexne.org.uk

*the name of your unit

*main contact name

*name of donation recipient/details of act of service as well as a photo

*confirmation of who will be collecting your badges from county office.

Postage can be arranged at cost by bank transfer, cheque payments will incur a 40p fee.

The number of badges you require will be taken from unit GO records.

Please ensure these are up to date before applying.

Best Wishes

Sue Sutton

County Commissioner,
Girlguiding Essex North East